

TECHNICAL EXPOSURE OF RIGHT HAND BOL'S RIYAZ AND ITS IMPACT IN SITAR PLAYING"

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ABSTRACT

From ancient times, when the use of Meend had not even started in Sitar, the Tantrakari Ang was the main style of performance in Sitar playing. The Tantrakari Ang is the bol pradhan ang in which the mizraab and mizraab bols are found prominent. Any sitar player can do justice with the Tantrakari Ang properly only when he has special command over the expression of the bols of the right hand. To get sound command on the right hand bols, a sitar player needs to first know about the bols and then a very hard practice of bols is expected.

In my research paper, I have tried to cover the practice patterns of the right hand. This research paper will shed light on the right hand exposure which will definitely help innumerable sitar players and learners to expose tantrakari ang and attain sound skills.

Keywords Right Hand Bols Technical Exposure, Tantrakari Ang, Skills

Introduction

In Sitar playing, Right and Left both the hands and their roles have played a vital role to make sitar's playing sound and effective. After the several years of efforts, the sitar has now evolved into a complete instrument with unlimited possibilities. The immense possibility of the right hand bols specially "Aakarsh" & "Aparsh" and their combinations have made sitar playing very sound.

Objectives

In last 29 years of my journey as a sitar player, I observed that right hand role remains constant in sitar playing. Also, Right hand bols brighten the Tantrakari Ang which is one aspect of sitar playing. Practicing right hand patterns help to attain good skills that definitely pushes one's playing.

I have incorporated almost all the information in this paper that pours light on the right hand bols and their practice. I am sure that this research paper will help sitar players to understand the significance of right hand bols and their impact in sitar playing.

Research Methodology

This study is based on one to one interaction with the experts and senior Gurus of this field. A detailed discussion with the experts helped to gather data and incorporate in the paper.

Technical Exposure of Right Hand Bol's Riyaz and Its Impact in Sitar Playing

A. 'Mizrab Bol' Patterns

- Basic 1 :- Da / Ra / Da Ra
- Basic 2 :- Dir Dir
- Basic 3 :- dRa
- Basic 4 :- Da Ra Da / Da Da Ra / Ra Da Ra

(I) 'Da Ra' Bol Patterns

- Bol Alankar 1 :-
Da Ra Da, Da Ra Da, Da Ra / Da Da Ra, Da Da Ra, Da Ra / Ra Da Ra, Ra Da Ra, Da Ra
- Bol Alankar 2 :-
Da Ra Da, Ra Da Ra – Da Ra Da, Ra Da Ra,
Da Ra Da, Da Da Ra – Da Ra Da, Da Da Ra, Da Ra – Da Ra

- Bol Alankar 3 :-

Da Ra, Da Ra Da – Da Ra, Da Ra Da,
Da Ra, Da Ra, Da Ra Da – Da Ra, Da Ra, Da Ra Da,
Da Ra, Da Ra, Da Ra, Da Ra Da – Da Ra, Da Ra, Da Ra, Da Ra Da,
Da Ra, Da Ra Da – Da Ra, Da Ra Da,
Da Ra Da, Da Ra Da, Da Ra Da, Da Ra Da, Da Ra, Da Ra

(II) 'Dir' Bol Patterns

- Bol Alankar 4 :-

Dir Dir, Da Ra Da, Da Ra Da

- Bol Alankar 5 :-

Dir Dir, Da – r Da – r Da

- Bol Alankar 6 :-

Dir Dir Da Ra, Dir Dir Da Ra, Da Dir Dir Dir, Da – r Da – r Da

- Bol Alankar 7 :-

Dir Dir Dir Dir, Dir Dir Dir Dir, Da Dir Dir Dir, Da – r Da – r Da

(III) 'dRa' Bol Patterns

- Bol Alankar 8 :-

dRa – r Da

- Bol Alankar 9 :-

Da dRa – r Da, Da dRa – r Da, Da dRa – r Da, Da Dir Dir Dir

Important Note:- Above patterns can be practiced both ways, initially on each note and later, on the combination of notes. Also, these patterns can be addressed as “Bol Alankars”.

Conclusion

Since ancient times, Sitar playing has achieved new dimensions at time intervals and many musicians have had onus to contribute and expand it. In the field of Sitar, there are some technicalities of right hand bols and their practice that supports the overall playing immensely. This research paper will definitely help sitar learners to understand about the technical riyaz of right hand bols and its impact in sitar playing. It will not only help to present Tantrakari Ang nicely and authentically but also help to attain sound skills of right hand that will result strong coordination in between both the hands. I am confident that any sitar learner can develop his/her playing effectively by following the guidance as incorporated in the research paper.

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